

# 2022 FAMA/FEMSA ANNUAL FALL CONFERENCE

## *What to See and Do in Salt Lake City*

### TRANSPORTATION IN SALT LAKE CITY

- [Salt Lake City Light Rail System](#)—getting from the airport to downtown on the light rail system.
- **Understanding the grid system in Salt Lake City:** For those new to Utah, the grid system may be a tricky concept to get used to. However, locals who have grown up in the state know that once you understand the system it gets much easier to determine your location while driving. Essentially, Salt Lake Temple is the epicenter of the grid. Every address in Salt Lake City is made up of two coordinates — one that tells us how far the location is east or west of Temple Square, and another that tells us how far the location is north or south from Temple Square. When written as an address, these coordinates are multiplied by 100. So, if you're at 1200 South and 1300 West, then you're 12 blocks south of Temple Square, and 13 blocks west of Temple Square.

### AVERAGE WEATHER CONDITIONS IN SALT LAKE CITY FOR THE MONTH OF SEPTEMBER

- Highs—78
- Lows—58
- Days of precipitation—5
- Average precipitation—1.52 inches
- Average snowfall—0

### PLACES TO VISIT IN SALT LAKE CITY

1. [Natural History Museum of Utah](#) gives you an inside look into Utah and its rich past, ranging from its geography to its native background, as well as its most crucial historical moments. The museum boasts 10 permanent exhibits, as well as a wide variety of interactive features involving smell, touch, and other senses. It showcases interesting facts about the Great Salt Lake, covers over 500 million years of information on Salt Lake City, and provides occasional seasonal displays to peruse each time you go there. One of the most popular exhibits is the First Peoples Exhibit, which covers the five initial Native American nations in the state, but there are many more to see.

Address: 301 Wakara Way

2. [The Tabernacle Choir at Temple Square](#) — You don't have to be religious to enjoy the harrowing and beautiful melodies and harmonies created by this talented and spiritual group of singers. At 9.30 am every Sunday, the choir's performance is broadcast live. But you can watch them in action in person for free if you're in Utah between September and November as well as January and May. During this time, the choir offers free rehearsal attendance to the public for an hour at night on Thursdays. In December and between June and September, rehearsals are specifically tailored to cater to bigger crowds at the LDS Conference Center near the famous Temple Square of Salt Lake City. There is also a bonus organ recital that happens in the afternoon 6 days a week, which is extra fun to sit in and listen to!

3. [Temple Square](#) — Located in downtown Salt Lake City, Temple Square stands out as the main attraction of SLC with its beautiful architecture and imposing structure. It spans across 10 acres and is surrounded by gorgeous greenery. This square is mainly used as The Church of Jesus Christ of Latter-day Saints' headquarters, but you don't need to share the faith to visit. While you're there, you can learn about Latter-day Saints' history and the intricacies of the religion, and some volunteers are onsite to provide tours and give you lots of interesting facts about the faith and its background.

Address: 50 N Temple

4. [Utah State Capitol](#) — The Utah State Capitol has its home in Salt Lake City itself. It rises 300 feet into the air and is located on Capitol Hill, designed classically with stunning and regal architecture. It is elegantly opulently decorated, with a dome topping that can be spotted from across the city and marble furnishings within. The Capitol is open to visitors. You can enjoy sights of the Golden Room, which is where the Governor holds receptions, as well as some interesting galleries furnished with rotating exhibitions. Collections of items from around Salt Lake City and beyond adorn the area open to visitors, giving you an insightful glimpse into the state and what it stands for.

Address: 350 N State Street

5. [Utah Museum of Fine Arts](#) — Steeped in culture, this Salt Lake City location is a part of the campus of the University of Utah, doubling up as a university and a state museum. Originally opened back in the 1950s, this location boasts over 20 galleries, each with a variety of exhibits – some of which are static, and some of which are rotating. More than 17,000 items are displayed as part of permanent collections, and they're not just restricted to pieces by those near Salt Lake City. European and Asian art joins the American works on display. A healthy mix of classical and modern works adorn the museum, giving you a lot of different styles to appreciate.

Address: 410 Campus Center Dr

6. [Ensign Peak](#) — If you're in Salt Lake City for the weekend, one of the best things you can do is take a hike up to Ensign Peak, which offers an incredible view of this Utah City. It's only about half a mile's hike up, making it a simple and easy option for beginner hikers, and it provides extremely rewarding results! Sunset is undoubtedly the most opportune time to take a trip to this stunning peak, though it can be crowded at this time. Still, the extra people are worth the journey regardless! You'll be treated to views of the Great Salt Lake bathed in the evening, orange sun, and you'll even be able to look over Salt Lake Valley, and to the city Capitol.

Address: Ensign Peak Trail, Salt Lake City, UT

7. [Liberty Park](#) — Liberty Park is one of the more iconic Salt Lake City locations today, especially for sightseeing. It was first purchased from Bingham Young's estate back in 1881, and now (and since 1980), it is on the National Registry of Historic Places. This oasis covers 80 acres of land, and it is the largest park in all of SLC.. You can stop by Tracey Aviary, which is home to 135 different bird species, specifically those that are endangered or rare.

Address: 600 East 900 South

8. [This Is The Place Monument](#) — How, exactly, did Salt Lake City become the home of the Latter-day Saints' faith? Well, it all began right at this spot: the This Is The Place Monument, so named because that is what Brigham Young exclaimed when they arrived upon the Utah city. The congregation of Latter-day Saints followers had been traveling and hiking with Brigham Young across 1,300 miles before they emerged from Emigration Canyon and came upon Salt Lake City. Young immediately took note of the place, as he said he had seen the exact valley in which they emerged in a vision. A monument was erected 100 years after the people settled into their new Salt Lake City homes, meaning it dates back to 1947. It's one of the best places to visit for a true slice of history, and among the most-loved tourist attractions in the region.

Address: 2601 Sunnyside Ave S,

9. [City Creek Center](#) — The City Creek Center is the best spot to go if you like shopping – and it’s probably the greatest mall in all of Utah. Located in downtown Salt Lake City, near to State Street, it covers 700,000 square feet of land, and over 90 different restaurants, shops, and more can be found inside. But the City Creek Center isn’t just about fantastic shopping. It’s also a beautifully decorated and designed location, with a huge glass ceiling that serves as a retractable skylight and is moved in and out based on the weather. It also boasts waterfalls, fountains, and a 1,200-foot stream full of fish!

Address: 50 Main St, Salt Lake City, UT 84101, United States

10. [Family History Library](#) — The Family History Library is a fantastic free-to-the-public library. It is located in downtown Salt Lake City as is run by The Church of Jesus Christ of Latter-day Saints, and its purpose is to pursue genealogical research and assist visitors in finding information about their ancestry. And this isn’t just limited to Salt Lake City or Utah locals! There’s lots of stuff to do in this library, and a variety of workshops and classes hosted by this SLC location will show you to do them. You will be taught how to use the library’s resources, databases, and records. You can get further assistance from staff, and over 30 languages are ready to be used for this assistance. This Salt Lake City library first opened in 1894, and since then, millions of individuals from different countries have been able to utilize its extensive resources to find out more about themselves and their ancestry.

Address: 35 N West Temple

11. [Beehive House](#) — The Beehive House is one of the more popular attractions in Salt Lake City, Utah – especially for those curious about Latter-day Saints history. It displays a beehive symbol on one of its turrets, which was representative of the hardworking nature of the Latter-day Saints – and also a part of the Utah coat of arms. When Brigham Young was the governor of the state, he lived in this 1854 home, along with his 19 wives and 56 children. Many aspects of the Latter-day Saints faith were incorporated into this home, keeping its residence near to their religion, and visiting it for a tour is one of the top things to do in Salt Lake City.

Address: 67 E S Temple,

12. [Gallivan Center](#) — Gallivan Center is one of the best entertainment-related points of interest in all of Salt Lake City, especially if you’re into a little nightlife. Located in the downtown area of Salt Lake City, a wide range of artists perform at music festivals regularly thrown in the area. Some performers are local, from Utah or from America in general, and others fly in from various parts of the world. June is probably a good time to take a trip to Gallivan Center when it hosts a Blues music festival that is the greatest that Salt Lake City – and even the whole state – has to offer.

Address: 239 Main St

13. [Red Butte Gardens](#)—Red Butte Garden is one of the largest botanical gardens in the Intermountain West and together with the University of Utah, is the State Arboretum of Utah. We are located on 100 acres in the foothills on the eastern edge of the University of Utah campus. The Garden has welcomed guests since 1985 and consists of over 21 acres of developed gardens and five miles of hiking trails winding through an extensive Natural Area. The Garden; which is community-funded; is renowned for its numerous plant collections, display gardens, 524,000 springtime blooming bulbs; including a vast collection of daffodils; gorgeous private event spaces, a world-class outdoor concert series, and award-winning horticulture-based educational programs.

Address: 300 Wakara Way

## **PLACES TO HAVE A DRINK IN SALT LAKE CITY**

- [TF Brewing](#)
- [Level Cross Brewing](#)
- [Salt Fire Brewer](#)
- [Fisher Brewing Company](#)

## **ACTIVITIES OUTSIDE OF SALT LAKE CITY**

1. [Big Cottonwood Canyon](#) — The Big Cottonwood Canyon is a must-see if you're in Utah for a weekend. It sits at the bottom of the Wasatch Mountain Range and spans 15-miles. It is just a short drive away from the more urban parts of Salt Lake City and is packed with things to do. If you're a fan of nature, you'll love this canyon! While you're in this SLC spot, you can visit multiple lakes – including Lake Mary and Lake Blanche – as well as go hiking, biking, or walking to take in the scenery. You will also be able to enjoy picnics, outdoor sports, water activities, and winter sports (during the right seasons).

Address: Big Cottonwood Canyon Rd, Uintah-Wasatch-Cache National Forest, Salt Lake City, UT 84121, USA

2. [Utah Olympic Park](#) — The Utah Olympic Park located in Park City was built for the Winter Olympic Games of 2002, and it's among the top must-see spots near Salt Lake City. Back then, it hosted a variety of events, such as Nordic ski jumping, bobsleigh, luge, and more. You can go on guided tours so you can witness all the places to see within the park. A variety of activities are available, some of them being seasonal. Summer promises the Xtreme Zipline, which is the steepest of its kind internationally, the Quicksilver Alpine Slide, freestyle ski jumping, and more. Meanwhile, the winter brings Nordic ski jumping, the Comet Bobsled, the terrain park, the Rocket Skeleton, and more.

Address: 3419 Olympic Pkwy, Park City, UT

3. [Antelope Island](#)—Hike, mountain bike or horseback ride the park's backcountry trails for spectacular views of lake and island scenery; spend a star-filled night in one of several primitive campsites; stroll along sandy beaches and take a dip in the lake's salty waters or step back in time with a visit to the historic Fielding Garr Ranch. Antelope Island is home to free-ranging bison, mule deer, bighorn sheep, pronghorn (antelope), and many other desert animals. Millions of birds congregate along the shores surrounding the island, offering unparalleled opportunities for birding.

Address: 4528 W. 1700 S., Syracuse, UT

4. [Park City, Utah](#)—Enjoy activities year-round at [Park City Mountain Resort](#), [Deer Valley Resort](#), as well as [Utah Olympic Park](#). There are close to 400 miles of maintained trails for mountain biking and hiking. But there are numerous other [family-friendly activities](#) besides mountain biking and hiking in Park City. A trip to Park City wouldn't be complete without visiting [Historic Main Street](#) with its host of dining and plenty of options for [shopping in Park City](#).

5. [Bonneville Salt Flats](#)—A 12-by-5 mile stretch occupying 300,000 acres of Utah's pristine west desert, the [Bonneville Salt Flats](#) is like no other place on earth. A salt crust ranging from a few inches to 5 feet thick forms a perfectly flat, uniform, blindingly white crust as far as the eye can see. The flats are about 12 miles long and five miles wide, covering about 46 square miles in total. Visitors from all around the world have traveled to see this pristine, otherworldly landscape about an hour and half west of Salt Lake City.

## **UTAH NATIONAL PARKS**

1. [Arches National Park](#)
2. [Canyonlands National Park](#)
3. [Capitol Reef National Park](#)
4. [Bryce Canyon National Park](#)
5. [Zion National Park](#)